

Mind the Gap: TRU & SD73 Partnership

ESTR & SD73

Mentorship Day - January 23, 24

6 students from SD73 attended a one day mentorship event where they participated in classroom activities

Career Exploration

Students explore entry level employment options.

Students learn:

- Safe work practices
- Employer expectations
- Job skills (two work experience placements)
- Communication skills
- Build on money, math and reading/writing skills
- Build on computer skills
- Self and community awareness
- Teamwork



Retail

Students receive training on campus and in local businesses.

Students learn:

- Customer service and human relations
- Warehouse procedures
- Money Skills and POS training
- Facing, pricing, stocking shelves and displaying
- Pricing and inventory procedures
- Security measures
- Teamwork
- Safe work practices



Kitchen



Students train on campus and in local businesses.

Students learn:

- Basic deli preparation methods
- Use of basic kitchen machines and utensils
- Portioning and presentation of food
- Dishwashing procedures
- Kitchen cleanup and sanitation
- Teamwork
- Safe work practices



#1 Wednesday AM

SD73 Student Job Shadowing Event	
Name of Student:	Derek Porter
Names of ESTR Ambassadors:	Jordan Turner Saskia and Leanne
Name 3 food items made in the ESTR kitchen.	Friendship Soup Biscuits Coconut Cashews
Name the food item that you assisted in preparing for ESTR's Market.	I only helped made the coconut Cashews
Did you try any food prepared today? If so, what was it?	I tried the Friendship soup and the biscuits
How was your experience in the ESTR kitchen program?	I had a great time and everyone was great!



ESTR'S MARKET

Brazilian Black Bean Soup
\$4.00 (V, GF)

Friendship Soup with hamburger
\$4.00 (GF)

Sweet Potato Corn Chowder
\$4.00 (V, GF)

Chana Masala (served on Basmati rice) (V, GF)
\$5.00

Salad In Jar
Quinoa Salad
Chick Pea Salad - IN Cooler
(V, GF)?



List three favorite things about your visit to TRU and the ESTR program:

1. Seeing friends in the program
2. Cooking muffins was fun
3. WHMIS bingo



Name: Adin McBride
School: Sahali Secondary



List three favorite things about your visit to TRU and the ESTR program:

- The people are nice and friendly
- The food was good
- It's a fun environment

Name: Izaak Hart

School: Westsyde Secondary



List three favorite things about your visit to TRU and the ESTR program:

- I like the freedom of choosing my own program.
- I found the people very friendly.
- I like the opportunity to meet new people and make new friends.

Name: Lindsay Richlack
School: Valleyview Secondary



List three favorite things about your visit to TRU and the ESTR program:

1. I enjoyed getting to know Vinny as we were both job shadowing from NorKam.
2. I liked working in the kitchen and using the dishwasher.
3. Everyone was very nice and respectful. I felt really comfortable.



Name: Jordan Turner
School: Norkam Secondary



List three favorite things about your visit to TRU and the ESTR program:

Name: Vinny Martinson
School: NKSS

- I saw hands-on learning like in the food training and they had lots of equipment there.
- I can see this is a place that will give me a future.
 - Unfortunately, I didn't see any courses about horticulture - it is my dream to work with School District or the City as a grounds keeper.
- It was exciting to see 3 of my classmates from Work Experience studying there.



List three favorite things about your visit to TRU and the ESTR program:

Name: Kendyl Perry

School: Kamloops School of the Arts

1. I enjoyed working in the store. I would like a job like that in the future.
1. I liked working with all the people. Everyone was really nice.
1. I was nervous about being at TRU, but I think this program would make me feel comfortable here. This was fun.

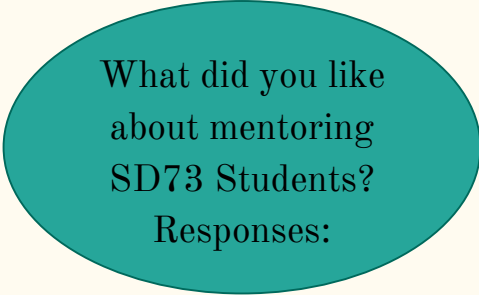


ESTR Students Perspectives

Josh(Kitchen): It was fun having some new students. It was valuable having them so that they can have a sneak peak about the program. Working with new students in a team was a good learning experience for me.

Josh T (Kitchen): I liked it alot because I got to be a teacher and mentor. I hope that they learned some valuable skills and about the ESTR market from that day. Students were hard worker, willing to learn and focused. So I think it was easy to teach them.

Dylan: It was a great experience for me. I liked that i got a chance meeting new students and talking to them.



What did you like
about mentoring
SD73 Students?
Responses:

Ashley(Retail): Students did super good. I liked hanging out with new students and showing what we do in the program.

Elain (Retail): I think they were willing to participate and learn what program is about. I liked showing and teaching the students what we do everyday in the program. It is nice for them to see and get experience for what they will be doing in future if they go for this program. I hope to see them in this program in the future.

Ash (Kitchen): I was surprised and quite pleased. Students were good listener. Students were following instructions well. I liked talking with someone that was not in the program. I liked working and helping students in the kitchen.

Daniel (Retail): It was really fun. Students were pretty nice. I liked it that they saw how is it working in market and that is valuable for them.They saw the responsibilities of being in ESTR program.

Joe: I like it that I got to know some new students and I liked to tell them my experience at ESTR so that they can try here by themselves and let others know.